



The Despatch Runner

Version 2
Volume 1, Issue 12, 6th March 2017



- Local Sponsors**
- **Parafield Gardens Community Club**
 - **Cloudy Sheep Printing**
 - **David Pfeiffer** (accountant)

Do you know anyone who would be interested in sponsoring us in the 2017-18 season? If so, let us know.

Away Meet Details:

For more information, please see the Programme Booklet, our Website, or a Committee Member.

State Championships

17-19th March @ the Stadium.

Nominations Closed

Provisional programme available on our website and TeamApp.

We are awaiting a final programme.

Senior Athletics

Sat. 11th March

Entry: \$10 per athlete

Athletes who will be twelve years or older by the end of 2017 only.

Email us for more information.

Entries online at:

<https://clubday3.eventdesq.com/>

Jetstar 



Final Home Meet Edition



Hi Everyone,

As we have previously noted as a possibility, training has been moved from Thursday to Wednesday, still at 5-6pm. Monday training is unaffected. This is due to a change in coach availability which left Liam as the only coach available on Thursday. Keeping the days as they were would have resulted in most Thursdays being cancelled due to the need to mark the track, and the lack of anyone else willing to do so. This was deemed unacceptable, so close to the Championships, so we change the days.

This Sunday will be the last home competition for the season. Following this there is only the State Championships before the beginning of the Cross Country season. We are still awaiting a draft Cross Country programme, however it will be sent out once we get it. As a reminder we are looking at offering training for Cross Country this season. The details on that are currently being finalised.

Notice of the AGM has been sent out to all members via email, and is available on the Committee page of our website. The proposed changes to the constitution were also sent out, and are on the policy page of our website. All this is also available on TeamApp. We are taking nominations for the Centre Committee for next season. Please note that all nominations forms must be signed, so they can't be completed digitally. Included in this email are some of the outlines for Committee positions. The others will be sent out soon.

Regards, IFLAC Committee.

Sponsor in Focus

Cloudy Sheep Printing

CSP printed our programme booklets, and also the paper slips that were sent to some schools prior to the season.

"When you choose the team at Cloudy Sheep Printing rest assured you are enlisting the team that is highly recognised as the leaders in the Printing Industry." "With over 50 years experience in the Printing Industry you can be sure that you will receive the best... the Printing Industry has to offer."



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Bring a Friend Promotion

For all home meets for the remainder of the Season, athletes are encouraged to bring friends or relatives to *Come & Try* athletics for free.

A maximum of two sessions may be completed, after which they will need to register to compete for the remainder of the season. Please remember that an athlete is only covered by insurance if they complete the free C&T registration process on SALAA's website.

Senior Athletics

Information on the last Athletics SA club day (similar to a Come and Try, for seniors) has been sent out to a number of our older families. It will be held on this Saturday 11th December. If you did not receive this information, and are interested, please let us know and I can forward it to you. To be eligible to compete, you must turn 12 years old by the end of December 2017. There is no upper age limit, so parents can enter too.

Valley View High School Sports Day

This Friday, Valley View High School will be using our oval for their sports day. We (via Athletics SA) will be providing providing official's for the day, and we will also be opening our canteen. We anticipate this being a sizable fundraiser for the club. This is an increase to last season where we didn't run a canteen, and only supplied around half the officials, thereby demonstrating IFLAC's commitment to grow the sport in the community. While it is probably too late to organise anything for this year, if you think your child's school would benefit from using Our oval, let us know and we can look at organising something for next year.

On the subject of schools, we approached a number of schools before and during the season, in regards to advertising us in their newsletters. We would like to thank the 15 Schools whom we can confirmed did advertise us, however there are some others who we can't confirm one way or the other. If your child attends any of these schools, and you remember seeing an add for us in their newsletter, please let us know:

Primary: Pooraka, Para Hills West, Keithcott Farm, Wandana, Burc, Gilles Plains, Hillcrest, Klemzig, Hampstead, Blair Athol North.

High/Both: Roma Mitchell, Para Hills, King's Baptist, The Heights.

AGM / Presentation

We have confirmed the date of our AGM / presentation as Sunday 9th of April, starting at 11:30 am. Formal notice has been sent out via email, and can be resent upon request.

This season's AGM will include a series of proposals relating to updating the Constitution, a process last taken in 2003. The proposals are included with the notice of the AGM. If you have any questions, please don't hesitate to ask Liam, as he is the primary author of the proposals.

A reminder that all athletes will receive a trophy, **provided that** they participate in at least half of the events, in at least half of the competitions this season, including at least half of the competitions after Christmas.

Photos

This weeks photos are from Northern Zone Improvers, and were taken by a variety of parents. State Classic photos will be available at the following link later this week, with the usual password. I haven't gone through those yet.

<http://www.getsnapt.com.au/photo-galleries/little-athletics-sa>

If you have any photos from this season, please send them to us. You may even be included in an upcoming newsletter.

