



# The Despatch Runner

Version 2

Volume 1, Issue 13, 17<sup>th</sup> March 2017



- Local Sponsors**
- Parafield Gardens Community Club
  - Cloudy Sheep Printing
  - David Pfeiffer (accountant)

Do you know anyone who would be interested in sponsoring us in the 2017-18 season? If so, please let us know.

## Away Meet Details:

For more information, please see the Programme Booklet, our Website, or a Committee Member.

## State Championships

17-19<sup>th</sup> March @ the Stadium.

### Nominations Closed

Final programme and event map are available on our website and TeamApp.

## Cross Country

We are awaiting a draft programme for Cross Country. We hope to have more info soon.



## State Championships Edition



Photos above are from the State Challenge

## Do you know a potential sponsor?

IFLAC are looking to increase sponsorship for the 2017-18 season. If you know a business or trader that may be interested in sponsoring us, please let us know.

Sponsors appear on our website, notice board, and TeamApp; and in our newsletter, and programme booklet.

Final conditions TBD by next season's committee.

Hi Everyone,

For those that aren't doing the State Individual Championships over the next three days, the summer season is over, however there is plenty of athletics available over the winter for those interested.

We are still awaiting a draft programme for Cross Country. We have just been made aware of a new race-walking series to take place across the winter, which is **FREE** for all registered athletes. There will be three meets, then a Championship (must attend at least one meet to be eligible). All events will be held on in the parklands at the Adelaide Hockey Club, on the corner of Greenhill and Peacock roads, Unley. The programme for this is also TBA. The meets will be run by the South Australian Race Walker's Club, in conjunction with Little Athletics SA. This is the first time SALAA have done something like this during the winter.

We will have one more newsletter next week to update everyone on the results of the State Championships, and hopefully provide information on the Cross Country and Walks programmes for the winter; and another one following the AGM. Further communication during the winter will be infrequent, so please check our website, facebook, and TeamApp for details.

**Regards, IFLAC Committee.**



# The Despatch Runner

inglefarmlac.wix.com/iflac



## State Individual Championships

IFLAC we be represented by five athletes at the State Individual Championships over this weekend, including both of our athletes in their final year with the Centre: Thomas Harding, Bailey Pfeiffer, William Crayford, Nikki Thompson, and Ebony Seneratna.

## VISTA Athletics Training

IFLAC are offering training for anyone selected to do Vista Athletics by their school. This high school event takes place on Monday 27<sup>th</sup> March. Training will be next week on Monday and Wednesday, usual times. We are happy to coach any friends from your school that may also be going. We are also happy for members that aren't going to Vista to join us. Please note that due to the time taken to set them up, we aren't offering High Jump or Hurdles for these training sessions. Info on winter training after next week is still being finalised, however it is likely there will be a break before it resumes. If there are any upcoming events you are training for, please let us know and we can probably arrange something.

## Valley View High School Sports Day

Last Friday, Golding Oval hosted Valley View High School's annual sports day. The event was quite profitable for us, with over \$100 income from the canteen, and several flyers taken by students. Hopefully this can lead to some new members next season.

## Thanks to the local Schools

We would like to thank the following schools, who have advertised us in their newsletter at some point this season, helping to generate interest in Little Athletics:

**Primary:** North Ingle, Ingle Farm, Ingle East, Prescott Northern, Para Vista, Good Shepherd Lutheran, East Para, Para Hills, Wynn Vale, Modbury, Modbury West, St. Gabriel's, Keller Road

**R-12:** Torrens Valley Christian

**Secondary:** Valley View, Roma Mitchell

There are several other schools where we haven't been able to verify whether they advertised us. Thanks also goes to any among them that did.

## AGM / Presentation

We have confirmed the date of our AGM / presentation as Sunday 9<sup>th</sup> of April, starting at 11:30 am. Formal notice has been sent out via email, and can be resent upon request.

This season's AGM will include a series of proposals relating to updating the Constitution, a process last taken in 2003. The proposals are included with the notice of the AGM. If you have any questions, please don't hesitate to ask Liam, as he is the primary author of the proposals.

A reminder that all athletes will receive a trophy, **provided that** they have participated in at least half of the events, in at least half of the competitions this season, including at least half of the competitions after Christmas.

If you will be unable to attend the AGM, please let us know so we can list you as an apology.

## Committee 2017/18

We still have a few important positions on the Committee with no nominations as yet, specifically: Secretary, Treasurer, and Equip/Track (line-marking). Please email us with any questions about what these positions entail.

## Photos

This weeks photos are from the State Challenge, and are available at the following link later this week, with the usual password. <http://www.getsnapt.com.au/photo-galleries/little-athletics-sa>  
If you have any photos from any point this season, please send them to us. We are preparing a presentation for the AGM, and want photos of as many athletes as possible.

