



# The Despatch Runner

Version 2

Volume 1, Issue 10, 10<sup>th</sup> February 2017



**Local Sponsors**  
- **Parafield Gardens Community Club**

- **Cloudy Sheep Printing**

- **David Pfeiffer**  
(accountant)

## **Away Meet Details:**

For more information, please see the Programme Booklet, our Website, or a Committee Member.

## **State Relay Championships**

Final program available on our website and TeamApp.  
12<sup>th</sup> Feb @ the Stadium.

## **Nthn Zone Improvers**

26<sup>th</sup> February @ **Gawler**  
Nominations Closed  
Final Programme coming soon.

## **State Challenge**

5<sup>th</sup> March @ the Stadium  
Nominations open,  
close on Feb 20th  
\$10 per event, max \$30.  
Provisional programme available on our website and TeamApp.

## **State Championships**

17-19<sup>th</sup> March @ the Stadium.  
Nominations open,  
close on Feb 20th  
\$10 per event, max \$30.  
Provisional programme available on our website and TeamApp.

## State Relay Championships



**Hi Everyone,**

Unfortunately we have had to cancel tonight's twilight competition. As such it is important that you email us with any questions regarding anything about the end of the season, especially the State Classic and State Individual Championships.

Unless you are competing on Sunday, there is only one more opportunity to qualify for the last two Stadium Events. This will be next Sunday, 19<sup>th</sup> of February. Please note that this corresponds with the senior athletics State Championships, and, as such, most of our committee will not be present. Additional helpers will be needed to arrive early and help set everything up. If not enough people arrive early to help set up, the competition will be delayed as needed to allow everything to be set up.

As a result of the twilight being cancelled, we have had to assign people duties for Sunday. If you wish to swap duties with someone else, that is fine, as long as you both know what is going on.

We are also taking nominations for the Centre Committee. More details on this are in the email. We will have paper forms at the club, however you are welcome to print the attached form yourself and return it to us. Please note that all nominations forms must be signed, so they can't be completed digitally. Up for election are: Vice-President, Treasurer (both 2 year terms); Secretary, Registrar (term length depends on modifications to the constitution); and all the one year positions. We have asked the current committee members to write up a bit of info about what their job entails, and will email this out when we have them. In the mean time, the constitution outlines each position.

**Regards, IFLAC Committee.**

## Sponsor in Focus

### **Parafield Gardens CC**

PGCC provided the lollies in everyone's Christmas bags, and provides a venue for our AGM and trophy presentation, as well as covering many of it's costs.

"Situated on Shepherdson Road in Parafield Gardens, set back from the street and surrounded by lovely manicured gardens is the Parafield Gardens Community Club."



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inglefarmlac.wix.com/iflac



## Northern Zone Improvers

Nominations have closed, and we are awaiting a final programme. When we have it, it will be posted on our website, TeamApp, and emailed to all families who have entered.

## State Classic and State Championship Nominations

Nominations are open for the last two Stadium Events for the season. These are done online.

When registering there will be an option to register as a family or an individual. You need to select family, even if there is only one child entering. SALAA should have sent out an email with these details. If you have any questions on that, please email SALAA ASAP.

Please check to make sure you meet the qualifying criteria before entering. The last day to set a qualifier is next Sunday, with online entries due by close of business Monday.

## Bring a Friend Promotion

For all home meets for the remainder of the Season, athletes are encouraged to bring friends or relatives to *Come & Try* athletics for free. A maximum of two sessions may be completed, after which they will need to register to compete for the remainder of the season. Please remember that an athlete is only covered by insurance if they complete the free C&T registration process on SALAA's website.

Remember, registration also covers the cross country season that runs until July. This season we intend to run training during the winter, adding further value. An end of season discount is now in effect for registration fees.

## Photos

I haven't got any new photos this week, so I have some more from the Multi-Event Championships

More are available at the following link, with the usual password.

<http://www.getsnapt.com.au/photo-galleries/little-athletics-sa>

If you have any photos from this season, please send them to us. You may even be included in an upcoming newsletter.

## AGM / Presentation

We have confirmed the date of our AGM / presentation as Sunday 9<sup>th</sup> of April. We are awaiting confirmation of the time.

This season's AGM will include a series of proposals relating to updating the Constitution, a process last taken in 2003. Current families have received drafts of these proposals via email. If you have any questions on this, please don't hesitate to ask Liam, as he is the primary author of the proposals.

Finalised proposals will be announced on the 27<sup>th</sup> of February, and delivered with the formal notice of the Annual General Meeting.

A reminder that all athletes will receive a trophy, **provided that** they participate in at least half of the events, in at least half of the competitions this season, including at least half of the competitions after Christmas.

## Calendar Corrections

We would like to advise of two corrections to our Calendar. Improvers will be on the 26<sup>th</sup> of February, at Gawler, not on the 12<sup>th</sup> of March.

By extension, the home meet that was advertised for the 26<sup>th</sup> of February will be on the 12<sup>th</sup> of March.

