



# The Despatch Runner

Version 2  
Volume 1, Issue 13, 17<sup>th</sup> March 2017



## Local Sponsors

IFLAC would like to thank our sponsors for season 2016/17:

- **Parafield Gardens Community Club**
- **Cloudy Sheep Printing**
- **David Pfeiffer** (accountant)

Do you know anyone who would be interested in sponsoring us in the 2017-18 season? If so, please let us know.

## Winter Competition Details:

For more information, please SALAA's website. We are in the process of updating ours.

## Winter Walks Series

Saturdays 6<sup>th</sup> May, 27<sup>th</sup> May, 3<sup>rd</sup> June. 17-19<sup>th</sup> cnr of Greenhill Rd & Peacock Rd, Unley.  
No nominations, no fee!  
Final timetables are TBA.

## Winter Walk Champs

Saturday 17<sup>th</sup> June  
cnr of Greenhill Rd & Peacock Rd, Unley.  
Nominations online, No nominations.  
Entrants must have been to at least one of the above.

## Cross Country

We are awaiting a draft programme for Cross Country. We hope to have more info soon.

## End of Season Edition



## Do you know a potential sponsor?

IFLAC are looking to increase sponsorship for the 2017-18 season. If you know a business or trader that may be interested in sponsoring us, please let us know.

Sponsors appear on our website, notice board, and TeamApp; and in our newsletter, and programme booklet.

Final conditions TBD by next season's committee.

Hi Everyone,

Our athletes once again distinguished themselves at the State Individual Championships, winning three gold, one silver; and breaking three State Records – a good haul considering only five athletes entered.

As the reader will likely have guessed, Nikki was responsible for the three Golds, and the State Records, as she has been the past several years. Nikki is now responsible for fourteen of the twenty State Records currently held by IFLAC athletes.

As for the other athletes, Bailey won silver in Shot Put, before illness took him out of contention for further medals. Thomas came fourth in the walk, at the age where the walk has the most entrants, a noteworthy achievement. William made the 200m final, but later events were limited by injury. Ebony came fifth in a competitive field in Triple Jump.

We are still awaiting a draft programme for Cross Country. Details will be added to the website, TeamApp, and delivered to all members via email when SALAA get around to releasing it.

A reminder that trophies will not be posted out to any families not present for the AGM and Trophy presentation. If you have any questions over the winter, don't hesitate to ask.

**Regards, IFLAC Committee.**



# The Despatch Runner

inglefarmlac.wix.com/iflac



## Winter Walks Programme

SALAA has introduced a four meet race walking programme for the winter season. Entry is free to all registered athletes. We don't have many details yet, but those we do have are on the front page.

## Committee Nominations for 2017/18

We still have a number of positions on the Committee for which no one has nominated. Several of these positions are ones that are often left vacant, and can be easily divided up among the other members. However we have three important positions that need to be filled; Treasurer, Secretary, and Line Marker. In the case of Line Marker (officially called Equipment and Track Officer), this job could be done by multiple people – as long as at least one of them was on the committee. It would be preferable that these were not left to one or two people who are already doing several other positions, as this has caused problems over the last couple of seasons.

## Photos

This weeks photos are from the State Individual Championships, and are available at the following link, with the usual password.

<http://www.getsnapt.com.au/photo-galleries/little-athletics-sa>

If you have photos from any point this season, please send them to us. We are preparing a presentation for the AGM, and want photos of as many athletes at as many events as possible.

## Thanks to the local Schools

We would like to thank the following schools, who have included us in their newsletter at some point this season, helping to promote Little Athletics:

**Primary:** North Ingle, Ingle Farm, Ingle East, Prescott Northern, Para Vista, Good Shepherd Lutheran, East Para, Para Hills, Wynn Vale, Modbury, Modbury West, St. Gabriel's, Keller Road.

**R-12:** Torrens Valley Christian.

**Secondary:** Valley View, Roma Mitchell.

There are several other schools where we haven't been able to verify whether they advertised us. Thanks also goes to any among them that did.

## AGM / Presentation

The AGM / Trophy Presentation will be on Sunday 9<sup>th</sup> of April, starting at 11:30 am. Formal notice has been sent, and can be resent upon request.

This season's AGM will include a series of proposals relating to updating the Constitution, a process last taken in 2003. The proposals are available on our website and TeamApp. If you have any questions, please don't hesitate to ask.

A reminder that all athletes will receive a trophy, at the presentation, **provided that** they have participated in at least half of the events, in at least half of the competitions this season, including at least half of the competitions after Christmas.

If you will be unable to attend the AGM, please let us know so we can list you as an apology.

