

**Ingle Farm LAC 2023-24 Season  
Little Athletics Calendar**

Day	Date	Event	Location	Start
Sun	3 <sup>rd</sup> Sep	Pre-Season Training	Bridgestone AC, Salisbury Sth	9:30 am
Sun	10 <sup>th</sup> Sep	Pre-Season Training	Bridgestone AC, Salisbury Sth	9:30 am
Sun*	17 <sup>th</sup> Sep	First Home Meet	Bridgestone AC, Salisbury Sth	9:00 am
Sun*	24 <sup>th</sup> Sep	Home Meet	Bridgestone AC, Salisbury Sth	9:00 am
Sun	1 <sup>st</sup> Oct	<i>No Meet – Labour Day Weekend</i>		
Sun*	8 <sup>th</sup> Oct	Home Meet / Growing for Gold	Bridgestone AC, Salisbury Sth	9:00 am
Sun*	15 <sup>th</sup> Oct	Home Meet / Growing for Gold	Bridgestone AC, Salisbury Sth	9:00 am
Sun*	22 <sup>nd</sup> Oct	Home Meet	Bridgestone AC, Salisbury Sth	9:00 am
Wed	25 <sup>th</sup> Oct	<i>Nominations Close – State PB Classic I</i>		
		<i>Nominations Close – Northern Regional Games</i>		
Sun*	29 <sup>th</sup> Oct	IFLAC Relay Day I / 50 <sup>th</sup> Anniversary	Bridgestone AC, Salisbury Sth	9:00 am
		<i>Nominations Close – State Relay Championships</i>		
Sun**	5 <sup>th</sup> Nov	Northern Regional Games	Bridgestone AC, Salisbury Sth	TBA
Sun**	12 <sup>th</sup> Nov	North East Challenge	Bridgestone AC, Salisbury Sth	9:00 am
Sun**	19 <sup>th</sup> Nov	State PB Classic I	SA Athletics Stadium, Mile End	TBA
Sun**	26 <sup>th</sup> Nov	Home Meet	Bridgestone AC, Salisbury Sth	9:00 am
Fri <sup>#</sup>	1 <sup>st</sup> Dec	Twilight Home Meet with Salisbury	Golding Oval, Para Vista	6:00 PM
Sat	2 <sup>nd</sup> Dec	Salisbury Christmas Parade	John Street, Salisbury	10:00am
Sun <sup>#</sup>	3 <sup>rd</sup> Dec	State Relay Championships	SA Athletics Stadium, Mile End	TBA
Sun*	10 <sup>th</sup> Dec	Xmas Meet	Golding Oval, Para Vista	9:00 am
Sun	17 <sup>th</sup> Dec	<i>No Meet</i>		
Sun	24 <sup>th</sup> Dec	<i>No Meet – Christmas Eve</i>		
Wed	27 <sup>th</sup> Dec	<i>Nominations Close – State PB Classic II</i>		
Sun	31 <sup>st</sup> Dec	<i>No Meet – New Year's Eve</i>		
Sun*	7 <sup>th</sup> Jan	Home Meet	Bridgestone AC, Salisbury Sth	9:00 am
Sun*	14 <sup>th</sup> Jan	Home Meet	Bridgestone AC, Salisbury Sth	9:00 am
Sun**	21 <sup>st</sup> Jan	State PB Classic II	SA Athletics Stadium, Mile End	TBA
Sun*	28 <sup>th</sup> Jan	Home Meet	Bridgestone AC, Salisbury Sth	9:00 am
Wed	31 <sup>st</sup> Jan	<i>Nominations Close – Northern Improvers</i>		
		<i>Nominations Close – State Combined Event Championships</i>		
Sun**	4 <sup>th</sup> Feb	Gawler Interclub	Trinity College, Evanston Sth	TBA
Sun*	11 <sup>th</sup> Feb	Home Meet	Bridgestone AC, Salisbury Sth	9:00 am
Sun	18 <sup>th</sup> Feb	Northern Improvers	Bridgestone AC, Salisbury Sth	TBA
Wed	21 <sup>st</sup> Feb	<i>Nominations Close – State Challenge &amp; State Individual Championships</i>		
Fri <sup>#</sup>	23 <sup>rd</sup> Feb	Twilight Home Meet	Golding Oval, Para Vista	6:00 pm
Sa/Su <sup>#</sup>	24/25 Feb	State Combined Event Championships	SA Athletics Stadium, Mile End	TBA
Sun*	3 <sup>rd</sup> Mar	Home Meet	Bridgestone AC, Salisbury Sth	9:00 am
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Fri <sup>#</sup>	15 <sup>th</sup> Mar	Twilight Home Meet	Golding Oval, Para Vista	6:00 pm
Sun <sup>#</sup>	17 <sup>th</sup> Mar	State Challenge	SA Athletics Stadium, Mile End	TBA
Fri <sup>#</sup>	22 <sup>nd</sup> Mar	Twilight Home Meet	Golding Oval, Para Vista	6:00 pm
Sa/Su <sup>#</sup>	23/24 Mar	State Individual Championships	SA Athletics Stadium, Mile End	TBA
Sun	31 <sup>st</sup> Mar	<i>Easter</i>		
Sun	TBC April	AGM / Trophy Presentation	Bridgestone AC, Salisbury Sth	TBA

Attendance Points: \*10 Points, \*\* 20 Points, # /## 10 / 20 Points for attending any meet this weekend  
 13 Sunday Home Meets, 4 Twilight Home Meets, 4 Regional Meets, 6 State Events  
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